

# GUIDE FOR TALKING TO YOUR DOCTOR

AVANOS

Assessment of pain typically occurs before your surgery and is unique to each person. Your healthcare provider may talk to you about different pain control methods, such as the ON-Q\* Pain Relief System or the ambIT\* Electronic Pain Control System and determine which option will work best for. Understanding your pain management options after surgery is an important step in your recovery journey.

Use the guide below at your next doctor's appointment to help talk through the best treatment option for your surgery.

1. What is the timeline for my surgical recovery?

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2. What can I expect during my recovery time?

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3. We know opioids can lead to many unwanted side effects that can interfere with recovery after surgery. What is your perspective on avoiding opioids after surgery?

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4. What are my pain management options?

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5. Additional questions or notes for your doctor?  
Write them down here:

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The **ON-Q\* Pain Relief System** is a small disposable pump filled with a local anesthetic medication to relieve your pain after surgery. It continuously delivers local anesthetic to or near the surgical site through specially designed catheters - Providing patients up to 5 days of targeted pain relief after surgery. The ON-Q\* pump is indicated to significantly decrease pain and narcotic use when compared to narcotic only pain management.

The **ambIT® Electronic Pain Control System** is a small and light weight pump that flows local anesthetic medication to relieve your pain after surgery. It continuously or intermittently delivers medication that blocks pain in the area of your procedure.

